

Clinical & Consulting Psychologists



Experienced - Relatable - Warm - Practical

Research-based strategies to support your quality of life & emotional wellbeing.

- Dealing with changes to health & lifestyle
- Anxiety & stress
- Depression/low mood
- Chronic pain, fatigue & sleep difficulties
- Enhancing relationships & communication
- Cancer & other health concerns; long COVID
- Fear of recurrence
- Navigating treatment & recovery
- Intimacy & body image
- Familial cancer risk
- Living with loss & grief

Our experienced Psychologists are all Medicare providers and registered with AHPRA.

We also offer appointments with Accredited Counsellors.

Please ask your GP if you are eligible for a Mental Health Care Plan to access rebates as we are a private billing practice; alternatively please contact your private health insurer.



(02) 9453 3027



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www.headwayhealth.com.au



Frenchs Forest

**Genesis Care
St Leonards**

SAH Wahroonga

**Centre for Wellbeing
Mater Hospital**

TeleHealth

